

**LA TRATTORIA**<sup>®</sup>  
by

**STRAPASTA**<sup>®</sup>

*"Where Good Food Becomes a Reality"*<sup>®</sup>



*Mangia* **Italiano!**

**MANOR SHOPPING CENTER**

**3451 SWEET AIR ROAD  
PHOENIX, MARYLAND 21131**

**Call:**

**410-628-6004**

*Beer and Wine Available on the Premises.*

## Appetizers

### **HOT ANTIPASTO...\$12.50**

Grilled Shrimp, Sautéed Mushrooms, Sautéed Broccoli, Fried Calamari & Stuffed Eggplant with Ricotta Cheese & Tomato Sauce.

### **SHRIMP COCKTAIL (6)...8.30**

Fresh Shrimp, Cooked and Chilled. Served with a Cocktail Sauce.

### **SHRIMP GONDOLA (6)...12.50**

Jumbo Shrimp, Sautéed in a Lemon-Garlic Sauce. Served on Golden Brown, Toasted Garlic Bread.

### **SHRIMP BASKET...6.55**

### **FRIED CALAMARI...9.40**

### **MOZZARELLA CAPRESE...7.30**

Fresh Mozzarella Cheese, Fresh Tomatoes, Kalamata Olives. Topped with Our House Dressing on a Bed of Lettuce.

### **MOZZARELLA STICKS (7)...6.00**

Fried to Perfection. Served w/ Tomato Sauce.

### **BROCCOLI OR**

### **MUSHROOMS...5.00**

Sautéed in Garlic Butter.

### **SPINACH...\$5.00**

Sautéed in Garlic Butter.

### **ASPARAGUS...5.00**

Sautéed in Garlic Butter.

### **GARLIC BREAD...3.25 with CHEESE...4.25**

### **TOMATO BREAD...2.35**

A Mixture of Fresh Plum Tomatoes, Garlic and Italian Seasonings. Stuffed in Our Freshly Made Bread.

### **with CHEESE...3.75**

### **BUFFALO WINGS (7)...6.25**

### **MEAT BALLS... 5.00**

### **SAUSAGE...5**

### **.00**

### **ONION RINGS...2.60**

### **FRENCH FRIES...2.00**

### **CHEESE FRIES...3.00**

### **PIZZA FRIES...3.50**

### **STRAPASTA**

### **CHEESE FRIES...4.95**

French fries topped with Italian Sausage & melted Mozzarella cheese.

## Salads

### **HOUSE SALAD...\$4.95**

Crisp Lettuce, Tossed with Cherry Tomatoes, Cucumbers, Red Onions, Black Olives & Hot Peppers.

### **CHICKEN SALAD...6.75**

Crisp Lettuce, Tossed with Cherry Tomatoes, Cucumbers, Red Onions, Black Olives & Hot Peppers. Topped with Our Homemade Chicken Salad.

### **GREEK SALAD...6.75**

Crisp Lettuce, Tossed with Cherry Tomatoes, Cucumbers, Red Onions, Black Olives, Hot Peppers. Topped with Feta Cheese.

### **CHEF'S SALAD...6.75**

Crisp Lettuce, Tossed with Cherry Tomatoes, Cucumbers, Red Onions, Black Olives, Hot Peppers. Topped with Salami, Turkey, Ham & Provolone Cheese.

### **TUNA SALAD...6.75**

Crisp Lettuce, Tossed with Cherry Tomatoes, Cucumbers, Red Onions, Black Olives, Hot Peppers. Topped with Our Homemade Tuna Salad.

### **GRILLED CHICKEN CAESAR SALAD...8.20**

Grilled Chicken Breast. Served Over Romaine Lettuce, in a Caesar Dressing with Parmesan & Croutons.

### **CAESAR SALAD...5.20**

Chopped Romaine Lettuce, in a Caesar Dressing, with Parmesan & Croutons.

### **CARUSO SALAD...11.50**

Mixed Greens, Tossed with Red Onions, Cherry Tomatoes, Roasted Red Peppers, Fresh Mozzarella, Topped with Grilled Chicken with Balsamic Vinaigrette Dressing.

### **SHRIMP SALAD...7.65**

Crisp Lettuce, Tossed with Cherry Tomatoes, Cucumbers, Red Onions, Black Olives, Hot Peppers. Topped with Our Homemade Shrimp Salad.

### **SALAD TOPPINGS:**

### **GRILLED CHICKEN...\$3.00 • FRESH MOZZARELLA...\$3.00**

### **GRILLED SHRIMP (5)...\$5.00**

### **SHREDDED MOZZARELLA...\$2.00**

### **BROCCOLI OR MUSHROOM...\$1.00**

### **FETA CHEESE...\$2.00 / ROASTED RED PEPPERS...\$1.75**

### **Dressings Available:**

House Dressing, Balsamic Vinaigrette, Pepper Parmesan, Bleu Cheese, Lite Ranch.

## Pastabilities

### **PASTA AL POMODORO...\$8.35**

*Choice of Pasta with Our Homemade Tomato Sauce.*

### **SPAGHETTI MARINARA...9.40**

### **PENNE ALLA NAPOLETANA...9.95**

### **PENNE ARRABBIATA...9.95**

*Penne Pasta, Tossed with Imported Parmesan, and Marinara Sauce. Choose Mild or Spicy*

### **SPAGHETTI WITH MEAT BALLS...12.10**

*Spaghetti with Italian Meat Balls in a Homemade Tomato Sauce.*

### **SAUSAGE & PEPPERS...12.95**

*Italian Sausage, Sautéed with Fresh Green Peppers, Onions, in a Marinara Sauce. Served Over Spaghetti.*

### **SPAGHETTI W/MEAT SAUCE...12.50**

*Spaghetti with Ground Beef in Our Homemade Tomato Sauce.*

### **FETTUCCINE ALFREDO...11.95**

*Fettuccine Noodles in a White Creamy Sauce.*

### **PENNE AND BROCCOLI...12.50**

*Penne Pasta with Fresh Broccoli Spears, Garlic, with a Wine Sauce. Served over Penne Pasta.*

### **SPAGHETTI BELLA DONNA...13.55**

*Spaghetti in a Marinara Sauce with Black Olives, Capers and Anchovies.*

### **PENNE AI FUNGHI...12.50**

*Penne Pasta with Sautéed Mushrooms in a Marinara Sauce.*

### **PENNE CARBONARA...13.75**

*Onions, Prosciutto and Eggs in a Rosé Cream Sauce.*

### **PENNE ALLA PRIMAVERA...13.75**

*Penne Pasta with Fresh Vegetables: (Fresh Tomatoes, Broccoli and Mushrooms) in a Rose Creamy Sauce.*

### **PENNE BOLOGNESE...12.95**

*Penne Pasta Served in a Rose Cream Sauce with Ground Beef.*

### **LINGUINE PESTO...12.95**

*Fresh Basil Pesto, Sautéed with Linguine and Imported Parmesan Cheese.*

### **TORTELLINI TRICOLORE...14.65**

*Cheese Tortellini with Peas, Prosciutto & Mushrooms in Our Signature Rose Cream Sauce.*

### **PENNE CAPRESE...13.55**

*Fresh Tomatoes, Sautéed with Garlic, Tossed with Fresh Mozzarella & Penne Pasta.*

### **PENNE BOSCAIOLA...13.75**

*Artichoke Hearts, Roasted Peppers, Mushrooms and Spinach, Sautéed in Our Homemade Marinara Sauce. Tossed with Penne Pasta.*

**PASTA CHOICES: SPAGHETTI, LINGUINE, ANGEL HAIR, PENNE, FETTUCCINE.**

Available Upon  
Request Whole  
Wheat or Gluten  
Free Penne Pasta!

## From The Oven

### **STUFFED SHELLS...\$9.40**

*Large Pasta Shells, Stuffed with Ricotta, Mozzarella Cheese and Grated Romano Cheese, in a Tomato Sauce.*

### **MANICOTTI...9.40**

*Rolled Pasta Sheets, Stuffed with Ricotta and Mozzarella Cheese in a Tomato Sauce.*

### **GNOCCHI SORRENTO...14.95**

*Potato dumplings sautéed with our home made meat sauce. Topped with Mozzarella Cheese. Baked to Perfection.*

### **PENNE ALLA SICILIANA...12.95**

*Penne pasta sautéed with our home made Tomato sauce and eggplant. Topped with Mozzarella Cheese and baked to perfection.*

### **BAKED ZITI...11.50**

*Penne Pasta, Ricotta and Mozzarella Cheese in a Tomato Sauce. Baked to a Golden Brown Perfection!*

### **RAVIOLI...\$9.95**

*Fresh Ravioli Baked with Mozzarella Cheese in a Tomato Sauce.*

### **MEAT RAVIOLI...11.95**

*Fresh Ravioli Baked with Mozzarella Cheese in a Tomato Sauce.*

### **LASAGNA...12.75**

*Noodles, Layered with Seasoned Ground Beef, Ricotta and Mozzarella Cheese in a Tomato Sauce.*

### **PASTA AL FORNO...14.95**

*Penne Pasta, Tossed with Seasoned Ground Beef, Ground Italian Sausage, Hard Boiled Eggs, Ricotta and Mozzarella Cheese in a Tomato Sauce. Baked to perfection.*

ALL OF OUR DISHES ARE MADE TO ORDER. WE GLADLY APPRECIATE YOUR PATIENCE!

## Chicken

### CHICKEN RUSTICO...\$15.7

Strips of Chicken Sautéed with Ham, Onions and Peas, in a White Wine Parmesan Sauce. Served with Fettuccine.

### CHICKEN TRENTINO...\$14.70

Strips of Chicken Sautéed with Fresh Button Mushrooms and Peas, in a White Cream Sauce. Served with Fettuccine.

### CHICKEN PICCATA...14.70

Chicken Breast. Sautéed in a Light Lemon Sauce with Capers and Garlic. Served with Spaghetti.

### CHICKEN BROCCOLI...14.70

Strips of Chicken Breast with Fresh Broccoli in a Rose Creamy Sauce. Served with Penne.

### CHICKEN MARSALA...14.70

Chicken Breast. Sautéed with Fresh Tomatoes & Fresh Mushrooms, in a Marsala Wine Sauce. Served with Spaghetti.

### CHICKEN VESUVIO...13.70

Strips of Chicken Breast. Sautéed with Rosemary and Garlic in a Marinara Sauce. Served with Penne.

### CHICKEN PAESANO...14.70

Strips of Chicken Breast Sautéed with Mushrooms, Fresh Tomatoes and Banana Peppers in a Rose Creamy Sauce. Served with Penne.

### CHICKEN CACCIATORE...14.70

Strips of Chicken Breast, Sautéed with Mushrooms, Green Peppers and Onions in a Marinara Sauce. Served Over Penne.

### CHICKEN VALDOSTANA...15.70

Chicken Breast. Sautéed with Fresh Tomatoes, Mushrooms in a Marsala Wine Sauce. Topped with Prosciutto and Cheese. Served with Spaghetti.

Substitute  
Pasta for Side  
Vegetables or  
a Side Salad.

## From the Sea

### SHRIMP & BROCCOLI...\$16.80

Jumbo Shrimp sautéed with Fresh Broccoli Spears, and Garlic. Served Over Penne Pasta.

### LINGUINE CLAM SAUCE...15.80

Fresh Clams with Choice of Red or White Clam Sauce.

### LINGUINE CALAMARI...15.80

Fresh Calamari in a Marinara Sauce. Served over Linguine.

### SHRIMP MARINARA OR FRADIAVOLO...16.80

Jumbo Shrimp in a Marinara Sauce or Spicy Marinara. Served over Linguine.

### SHRIMP SCAMPI...16.80

Jumbo Shrimp Sautéed in a Lemon-Garlic Sauce. Served over Linguine.

### ANGEL HAIR SCAMPI...18.80

Jumbo Shrimp & Jumbo Lump Crab Meat Sautéed in a Lemon-Garlic Sauce. Served over Angel Hair Pasta.

### SHRIMP VERDE...17.80

Jumbo Shrimp, Sautéed with Button Mushrooms in a Creamy Pesto Sauce. Tossed with Penne Pasta and Imported Parmesan Cheese.

### LINGUINE MARE CHIARO...18.80

Jumbo Shrimp, Clams and Squid, in a Marinara Sauce. Served over Linguine.

### SEAFOOD BIANCO...18.80

Jumbo Shrimp and Crab Meat, Sautéed with Peas, in a White Cream Sauce. Served Over Egg Noodle Fettuccine.

Substitute  
Pasta for Side  
Vegetables or  
a Side Salad.

## Parmesan Platter

### VEAL PARMIGIANA...\$14.75

Pounded Veal, Breaded and Topped with Tomato Sauce and Melted Cheese. Served with Spaghetti.

### EGGPLANT PARMIGIANA...13.70

Sliced Eggplant Baked with Mozzarella Cheese, in Tomato Sauce. Served with Spaghetti.

### CHICKEN PARMIGIANA...13.70

Breaded Chicken Breast. Topped w/Tomato Sauce & Melted Cheese. Served w/Spaghetti.

### SAUSAGE & MEATBALL PARMISAN...13.70

Italian Sausage & Meatballs, Topped w/Tomato Sauce & Melted Cheese. Served w/Spaghetti.

NEW!

Substitute  
Pasta for Side  
Vegetables or  
a Side Salad.

## Subs \* Served on a 9-inch Sub Roll.

### HOT SUBS

- STEAK ..... \$6.45
- CHEESE STEAK ..... 6.95
- SPECIAL CHEESE STEAK ..... 7.95  
*Mushrooms, Green Peppers, Fried Onions & Bacon.*
- PIZZA CHEESE STEAK ..... 6.95
- CHICKEN STEAK ..... 6.95
- CHICKEN CHEESE STEAK ..... 6.95
- CHEESEBURGER SUB ..... 6.95
- PIZZA SUB ..... 5.95
- MEAT BALL PARMIGIANA ..... 6.95
- SAUSAGE PARMIGIANA ..... 6.95
- CHICKEN PARMIGIANA ..... 6.95
- VEAL PARMIGIANA ..... 6.95
- EGGPLANT PARMIGIANA ..... 6.95
- VEGGIE SUB ..... 6.95  
*Broccoli, Mushrooms, Green Peppers, Fried Onions & Black Olives.*
- FISH FILET ..... 6.95
- GRILLED CHICKEN SUB ..... 7.95
- CHICKEN CUTLET SUB ..... 6.95
- VEAL CUTLET SUB ..... 6.95
- ITALIAN HOT CUT ..... 6.95  
*Our Famous Cold Cut - Toasted!*

### COLD SUBS

- CHEESE SUB ..... 6.95
- TURKEY SUB ..... 6.95
- CHICKEN SALAD SUB.. .. 6.95
- ITALIAN COLD CUT ... 6.95
- TUNA FISH SUB..... 6.95
- SHRIMP SALAD SUB. 7.95

*All the Above Come with Your Choice of fixings: Lettuce, Tomatoes, Onions, Hot Peppers, & Mayo.*

### ADDITIONAL TOPPINGS:

*Bacon, Mushrooms, Pepperoni, Green Peppers, Xtra Cheese etc ... 50¢*

## Sandwiches

\*Served on Your Choice of White Bread or a Multi Grain Kaiser Roll

- TUNA FISH ..... \$5.95
- TURKEY & CHEESE ..... 5.95
- HAM & CHEESE ..... 5.95
- SALAMI & CHEESE ..... 5.95
- CHEESEBURGER ..... 5.95
- FISH FILET ..... 5.95
- SHRIMP SALAD ..... 6.65
- CHICKEN SALAD ..... 5.95
- GRILLED CHICKEN ..... 5.95
- BLT ..... 5.95

### TOPPINGS FOR SANDWICHES:

*BACON, MUSHROOMS, PEPPERONI, GREEN PEPPERS, XTRA CHEESE ETC ... 50¢*

## Hot Panini

\*Served on Chiabatta Bread

**ITALIAN SAUSAGE—Grilled Sausage with Spinach, Tomatoes, Mayo & Mozzarella Cheese...\$6.95**

**TURKEY & PROVOLONE CHEESE—Pesto Spread, Roasted Peppers & Spinach...6.95**

**SMOKED HAM & PROVOLONE CHEESE, with Mayo, Roma Tomatoes & Red Onions...6.95**

**GRILLED CHICKEN CAESAR—Topped with Red Onions, Mushrooms, & Mozzarella Cheese, with a touch of Caesar dressing...6.95**

**PROSCIUTTO & MOZZARELLA—Fresh Tomatoes, Red Onions and Basil with a touch of Mayo...6.95**

**VEGGIE DELIGHT—Eggplant, Roasted Peppers, Spinach, Mushrooms, Mayo & Mozzarella Cheese...6.95**

**TOMATO & MOZZARELLA—Fresh Mozzarella, Roma Tomatoes, Pesto Spread and Basil...6.95**

# Pizzabilities

<b>New York Style / (Thin, Round)</b>	<b>14-in.</b>	<b>16-in.</b>
<b>TOMATO SAUCE &amp; CHEESE</b> .....	\$10.95	\$11.95
<b>ADDITIONAL TOPPINGS (EA.)</b> .....	1.50	2.00

<b>Sicilian Style / (Thick, Square)</b>		<b>16-in.</b>
<b>TOMATO SAUCE &amp; CHEESE</b> .....		14.45
<b>ADDITIONAL TOPPINGS (EA.)</b> .....		3.00
<b>**ANY SPECIAL PIZZA MADE SICILIAN STYLE</b> .....		\$22.95

**CHOICE OF PIZZA TOPPINGS:**

*Pepperoni, Sausage, Green Peppers, Mushrooms, Onions, Ham, Black Olives, Pineapple, Ground Beef, Extra Cheese, Anchovies, etc.*

## Gourmet Pizza

<b>NEW! BRUSHCETTA PIZZA</b> .....	<b>14-in.</b>	<b>16-in.</b>
<i>Our Famous Pizza, Topped with Our Tomato Bread Mixture.</i>	\$15.95	\$17.95

<b>CHEESE STEAK PIZZA</b> .....	<b>13.95</b>	<b>15.95</b>
<i>Combining our Famous Cheese Steak and Our Famous Pizza.</i>		

<b>MARGHERITA PIZZA</b> .....	<b>13.95</b>	<b>15.95</b>
<i>Combine Our Homemade Pizza Sauce, Fresh Mozzarella &amp; Fresh Basil.</i>		

<b>WHITE PIZZA</b> .....	<b>13.95</b>	<b>15.95</b>
<i>Broccoli, Fresh Tomatoes, Ricotta, Mozzarella Cheese.</i>		

<b>CAMPAGNOLA</b> .....	<b>15.95</b>	<b>17.95</b>
<i>Sautéed Chicken, Mushrooms, Green Peppers, Onions, Our Homemade Pizza Sauce, &amp; Mozzarella Cheese.</i>		

<b>SEAFOOD GOURMET</b> .....	<b>16.95</b>	<b>18.95</b>
<i>Sautéed Shrimp &amp; Calamari, Our Homemade Pizza Sauce &amp; Mozzarella Cheese.</i>		

<b>HAWAIIAN</b> .....	<b>13.95</b>	<b>15.95</b>
<i>Pineapple, Ham, Our Homemade Pizza Sauce &amp; Mozzarella Cheese.</i>		

<b>STRAPASTA SPECIAL</b> .....	<b>16.95</b>	<b>18.95</b>
<i>Pepperoni, Sausage, Mushrooms, Green Peppers, Onions, Black Olives, Our Homemade Pizza Sauce and Mozzarella Cheese.</i>		

<b>VEGGIE SPECIAL</b> .....	<b>16.95</b>	<b>18.95</b>
<i>Mushrooms, Broccoli, Fresh Tomatoes, Green Peppers, Onions &amp; Black Olives, Our Homemade Pizza Sauce and Mozzarella Cheese.</i>		

<b>MEAT LOVERS SPECIAL</b> .....	<b>16.95</b>	<b>18.45</b>
<i>Pepperoni, Sausage, Bacon, Ham, Ground Beef, Extra Cheese, Our Homemade Pizza Sauce &amp; Mozzarella Cheese.</i>		

## Calzones

<b>PLAIN (RICOTTA &amp; MOZZARELLA CHEESE.)</b> .....	<b>SMALL</b>	<b>LARGE</b>
<i>(FOR CHOICE OF TOPPINGS, SEE PIZZA TOPPINGS ABOVE.)</i>	\$6.95	\$11.95

<b>EXTRA TOPPINGS</b> .....	<b>1.00</b>	<b>2.00</b>
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## Desserts

- \$4.00 YOUR CHOICE:** • ITALIAN CANNOLI  
• RASPBERRY CHEESE CAKE  
• CHEESE CAKE • CHOCOLATE CAKE



## Beverages



### FOUNTAIN & BOTTLED COCA COLA PRODUCTS

- 2-LITER COKE... 2.50
- HOT TEA...1.00 CHOCOLATE MILK... 2.00
- SAN PELEGRINO... 2.00 • BOTTLE WATER... 1.25

*Free Refill of Soda with Meal When Eaten on the Premises.*

**"Our aim is to satisfy each and every customer, offering the best Italian food, directly from our kitchen to yours!"**

**ASK FOR OUR "PARTY TRAYS"**  
**CHILDREN'S MENU AVAILABLE!**

For You Convenience, We Accept:



THE MANAGEMENT RESERVES THE RIGHT TO CHANGE PRICES WITHOUT PRIOR NOTICE.